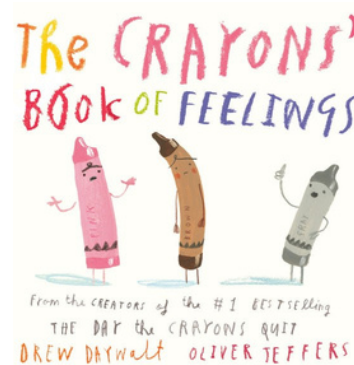


CEAT NEWS

Collaboration | Equity | Aspiration | Trust

9th - 13th February: Children's Mental Health Week

Oak Wood Primary have supported Children's Mental Health week with a variety of focused activities across the school, including arts, crafts and reading books to explore emotions. A number of useful resources were also shared with families. A non-uniform day was held with the theme "Shine Bright Wear Bright" where staff and pupils were invited to wear brightly coloured clothes.

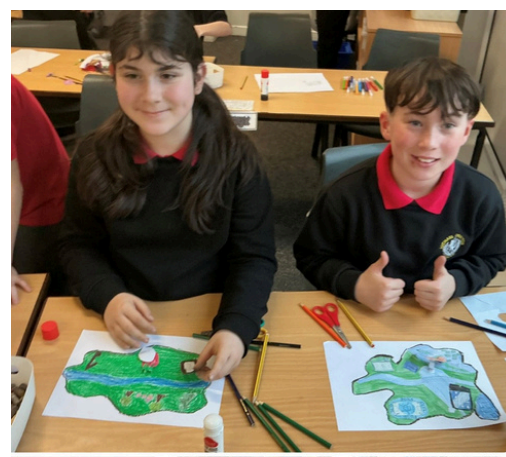
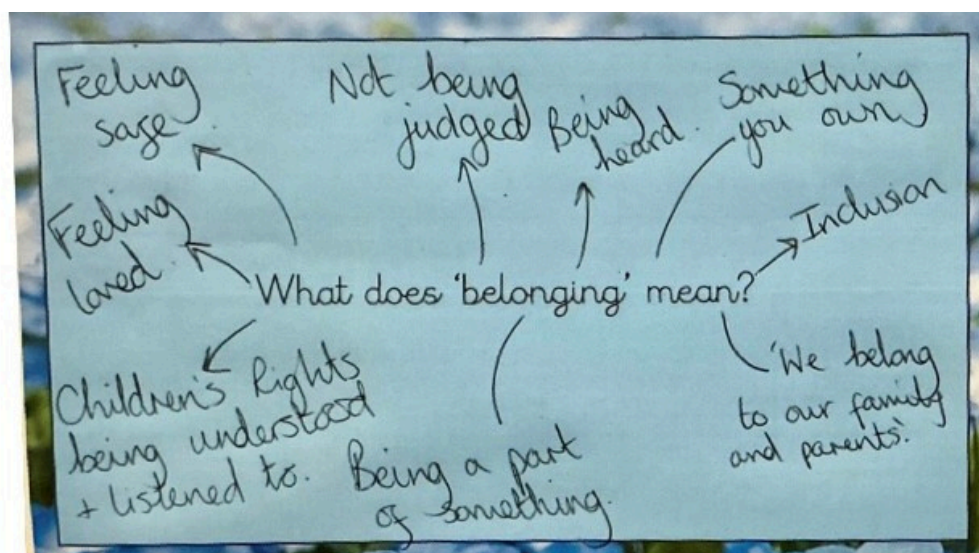


Higham Lane North Academy North Stars took part in a special assembly focused on compassion, self-care, and kindness. They explored the importance of being gentle with themselves, looking after their wellbeing, and understanding that everyone deserves to feel included and valued. North Stars also made thoughtful pledges, sharing how they will help ensure that everyone feels like they belong. Take a moment to see what North Stars said they would do to be kind to themselves and to support their mental health.



9th - 13th February: Children's Mental Health Week

Michael Drayton Junior School children have taken part in activities designed to help them reflect on what belonging truly means — to a friendship group, a class, a family, a team and our wider community. From in class discussions and wellbeing activities, to creative art projects, every pupil has had the opportunity to share their voice and feel heard. The school have seen kindness in action, new connections being formed, and some incredibly mature reflections about identity, acceptance and inclusion. It has been a powerful reminder that belonging isn't just about fitting in — it's about feeling safe, valued and celebrated for who you are. Staff are so proud of the way pupils have engaged with openness, empathy and respect. Creating a culture where everyone feels they belong is something the school champions every day, and activities and discussions this week has strengthened that commitment even further.

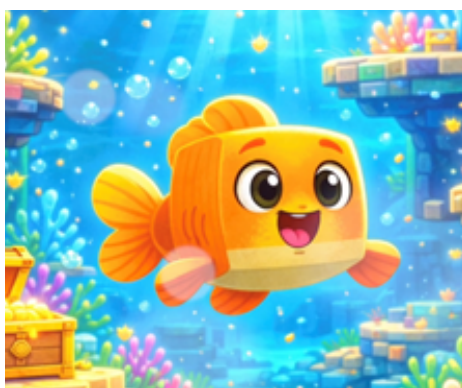


Higham Lane School students took part in a detailed assembly exploring the theme 'This Is My Place'. Staff are proud that school is a safe place for students; a place where they feel supported, valued, and able to look after both themselves and one another. The assembly reflected on this by exploring how students can take care of their own wellbeing while at school. Simple but powerful actions such as reading, playing sport, learning an instrument, and taking time to relax can all support positive mental health. Higham Lane have also used the opportunity to highlight some of their key wellbeing initiatives to students, including their welcoming library, RIU, Flourish, their wide range of Mental Health First Aiders and Relax Kids, which support many students at different times. Staff are incredibly proud of how students support one another and help make Higham Lane a positive, safe community for all.



10th February: Safer Internet Day

Oak Wood Primary and **Oak Wood Secondary** explored this year's Safer Internet Day theme "Smart tech, safe choices – Exploring the safe and responsible use of AI". They did this by sharing a number of resources with families, including SEND specific resources. They are so grateful to their Inclusive Technology teacher, Mr Davies, who shared "Caught in the Net", across a range of classes using an interactive, story-led approach supported by songs and visual prompts. Puppets linked to the story characters were used to support engagement. Pupils responded positively and enjoyed exploring key online safety messages through play and discussion. The sessions helped pupils think about being safer online, including knowing who they are talking to and understanding when to tell a trusted adult.



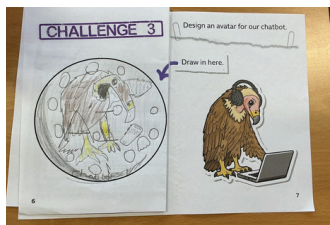
Earth Class took part in an interactive online session with the BBC and even got a shout out live on air!



Michael Drayton Junior School As part of the day, all pupils joined the live lesson from BBC, where they worked together to program a real AI chatbot designed to simulate a conversation with a critically endangered Hooded Vulture. They also helped test the chatbot by submitting thoughtful questions for the virtual vulture to answer — a fantastic opportunity to explore how AI works, as well as its potential and its limitations.

Pupils also took part in activities focused on "Pause, Think and Make Safe Choices Online", encouraging them to reflect before they click, share or respond. This learning is particularly important as the majority of digital incidents pupils encounter happen outside of school — often at home, on games, messaging apps or social platforms. School equips pupils with the critical thinking skills and confidence they need to navigate the digital world safely and responsibly, beyond the school gates.

Safer Internet Day 2026



Higham Lane North Academy began Safer Internet Day with an engaging and informative assembly exploring the use of AI and the impact of online disinhibition. Throughout the day, in every lesson, North Stars took part in thoughtful activities designed to help them understand how to stay safe, responsible, and respectful online. Students shared some brilliant reflections along the way, take a look at what some of the pupils had to say about Safer Internet Day below.

